

Development & Marketing News

By Steve Horton

NOVEMBER ANNIVERSARIES

CONT.

For the second year in a row CVS Pharmacy is supporting a program of UCP. Last year it was the Autism Center for Excellence and this year it is UCP Saddle Pals.

100% of your UCP Leadership Team and 80% of your UCP Board of Directors/Trustees make a personal donation to your programs. This group of Board members and leadership staff raised \$85,000 from their connections as well.

UCP Team Member T-shirts are for sale – black with large, x-large and xx-large sizes. \$9.75 includes taxes.

Special Focus:

You can be a part of supporting UCP through a payroll deduction. If you make a deduction of \$2/pay check you can give \$48 annually in support of the programs and services of UCP.

Donate your *car* (1 866 827 7212), your *household goods* (1 800 860 0357) or *electronic waste* (1 800 317 3112). They will come to you and pick up your donations with proceeds supporting UCP.

Use Goodsearch.com and Goodshop.com to do your online searching and shopping and at no cost to you – a donation is made to UCP Sacramento.

Be engaged with UCP – go to www.uspsacto.org and follow UCP on Facebook, Twitter and the UCP Blog.

<i>Dawn Farr, Respite</i>	1 yr.
<i>Rebekah Tobey, Respite</i>	1 yr.
<i>Jennifer D-Reyes, Respite</i>	1 yr.
<i>Gayle Hage, Respite</i>	1 yr.
<i>Rochelle Clease Trans.</i>	4 yrs.
<i>Angela Harris, Trans.</i>	4 yrs.
<i>Stephen Turpin, Trans.</i>	3 yrs.
<i>Cheryl Taylor, DO</i>	5 yrs.
<i>Malynda Pittman, SJ</i>	1 yr.
<i>Marsha Williams, SP</i>	9 yrs.
<i>Heather Deloach, SP</i>	9 yrs.
<i>Jacquelyn Holub, SP</i>	9 yrs.
<i>Michelle Ojima, ACE</i>	1 yr.

OPEN POSITIONS

Program Coordinator – FT

Assist Program Manager in the daily operation of Program at Las Palmas Adult School. Supervisory experience required and previous experience working with people with developmental disabilities. In addition to job responsibilities as the Coordinator, this position also functions as DSP with clients of their own.

Please contact Laurie Gwinin by sending your resume to email lgwinin@ucpsacto.org, or fax to 916/283-8330.

Respite Workers—PT



FALLS

By Verlene Nakatani

With predictable regularity, falls continue to be a leading cause of accidents and deaths on the job. Falls include those on the same level (floor, ground), as well as from one level to another (stairs, ladders, roof, etc.). They can be caused by one of two reasons – an unsafe action of an individual (hurrying, overreaching, improper use of equipment, etc.) or unsafe condition of the situation (poor housekeeping, unguarded opening, surface condition, and etc.). Good footing is the best way to avoid falls and good housekeeping is the best way to ensure good footing. Trash, wires, and slippery areas caused by water, grease, or oil can cause falls. Watch footing when working on slick flooring and poorly lit areas; where floors are uneven from room to room; and where surfaces are uneven from broken concrete, cracked asphalt or curled rugs.

Always look in the direction you are walking. Avoid carrying large objects that may block your view of a safe

walking path. Walk slowly on stairs and use handrails to secure your step. Cover, guard, or mark spills, potholes, and floor openings. Protect them with warning cones or guardrails. Except for normal doorways, protect wall openings and stairways through which someone could fall. The protection should be sufficiently strong and secured to prevent it from being removed.

Makeshift ladders or incorrect ladder selection can cause falls. Choose the ladder that's made for the job. Be sure it's in good condition and placed securely. Face the ladder and keep both hands free while climbing. Preventing falls is a matter of common sense. Watch where you're walking. Take careful steps when you walk and choose and use equipment properly.