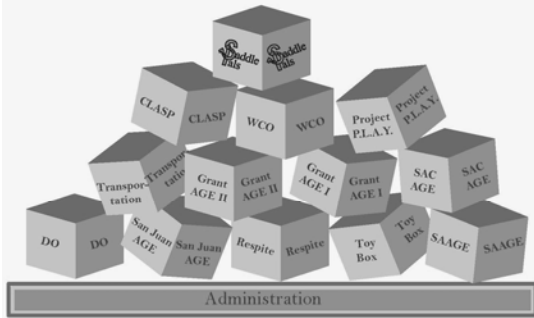


A newsletter for and about the people of United Cerebral Palsy of Greater Sacramento

COMMUNICATE • SERVE • GROW • SUSTAIN

January, 2009



TEAM UCP

NEWS FROM THE PRESIDENT & CEO

By Doug Bergman

February Anniversaries

Mary Silva-Cote, Payroll	1 yr.
Shavon Sloan, TRI	1 yr.
Tanya Gleghorn, WCO	2 yrs.
Carmen Ibarra, WCO	1 yr.
Robert Martinez, CLASP	3 yrs.
Wayne Her, CLASP	1 yr.
Ibonni Coronel, Respite	5 yrs.
Veronica Green, Respie	4 yrs.
Terrence West, Respite	15 yrs.
Tammy Costa, Respite	2 yrs.
Derek Van Patter, Respite	1 yr.
Isabel Andres, Trans.	2 yrs.
Martha Huerta, Trans.	1 yr.
Tabaya Kelly, Trans.	1 yr.
Jonique Young, Shuttle	2 yrs.
Marcus Essex, Shuttle	2 yrs.
John Powell, Shuttle	1 yr.
Tsai Saefong, Shuttle	1 yr.
Bonnie Funderburk, SP	2 yrs.
Minden Newman, ACE	2 yrs.



HAPPY NEW YEAR!

As always, the start of a new year gives us an opportunity to personally reflect on what we are doing well and what we might improve. It is also a great time for us to do the same in our programs. How can we improve?

Where are our opportunities? As we usually find for ourselves, we can find for our programs too, that there is always opportunity for improvement. I encourage you to work together as a team and come up with efficiencies, economies and improvements. As a Country, State and City, we enter 2009 in difficult times; with all of that around us, it behooves us even more to look for ways to stretch our funds and make them go even farther than we did before. I have every confidence in our team to weather this "storm", continue to grow and flourish as an organization. I wish for us all a very happy and prosperous 2009.

NEW DIRECTOR OF DEVELOPMENT & MARKETING!!

We are very pleased to announce that Steve Horton has joined the UCP of Greater Sacramento team as the Director of Development & Marketing!

Steve brings to his new position, a great deal of experience and contacts in the Sacramento community. His most recent position was with the Stanford Home for Children, where he was the Associate Executive Director, Development & Marketing for the past 3+ years. Prior to that, Steve was the Regional Manager for the Canadian Cancer Society for 14 years.

He will be visiting all the programs over the next few weeks, so please extend a warm UCP of Greater Sacramento welcome to Steve as he visits your programs.



UCP RISING STARS

UCP OF GREATER SACRAMENTO'S FIRST CHIEF OPERATING OFFICER

◆ It is with great pleasure that we announce the promotion of Tanya Hartle to Chief Operating Officer. This is a role that Tanya has really been filling for some time, so her responsibilities will not be changing, UCP is just adding this position title to its roster. We congratulate Tanya on this recognition of her indispensable contribution.

NEW RESPITE SCHEDULER

Teaira Harris has been promoted to Respite Scheduler. Teaira has been a Respite Worker for UCP since 2006 and knows the ins and outs of the position. She has also been employed at Easter Seals, working with people with disabilities and many years in customer service. The combination of her experience and skills makes her a great choice for this promotional opportunity!

FEATURED POSITIONS

Instructor—Saddle Pals

P/T—Requires 2 years formal riding training and 1 year teaching experience. NARHA certification preferred. Willing to work weekends a plus.

Prevent Slips, Trips, and Falls

By Verlene Nakatani

You take hundreds of steps every day, but how many of those steps do you take seriously? By taking a minute to understand how slips, trips, and falls happen, you can prevent needless and painful injuries.

Remember that time you walked past a water spill in the breakroom? Or maybe you were just too busy to shut the file drawer. Even common hazards like these can lead to serious, painful injuries. Protect yourself, your co-workers, and our consumers by doing what you can to create a fall-free workplace. BE AWARE OF YOUR ENVIRONMENT!

Step 1: Clean Up Wet Surfaces

Any time you see (or cause) a spill, clean it upright away. If you can't, mark it with a sign or paper towels and report it to the appropriate person for cleanup.

Step 2: Avoid Short Cuts

The more short cuts you take, the greater your chance for taking a tumble. For safety's sake, use designated walkways and only carry loads you can handle.

Step 3: Get Rid of Clutter

Your risk of trips increases with every stack of files left sitting on the floor and every extension cord stretched across a doorway. Put away clutter especially in walkways and on stairs and don't leave tools, boxes, books, and other materials lying about.

Step 4: Use a Ladder or Step Stool

Use the right climbing equipment for the job. Rather than standing on the nearest tall object you can find, take a minute to find a ladder or step stool.

Step 5: Turn on the Lights

Good lighting helps you see any hazards in your way. Turn on lights before entering a room, and replace dead bulbs as soon as they burn out.

Wear Slip Resistant Shoes

Increasing the friction between your shoes and the surface you walk on helps prevent slip injuries. Use these tips to help you choose the best shoe soles for your particular job. Soft rubber soles grip well on dry surfaces. Neoprene soles can be worn safely on most wet or dry surfaces. Crepe soles work best on rough concrete surfaces, either wet or dry. Hard rubber soles are best worn on greasy concrete and wood.

UCP—OPEN POSITIONS

- ◆ Instructor—Saddle Pals
- ◆ Respite Workers



