

# Respite Winter News



## **THE 1st MEETING OF 2010!**

**Date:** Thursday, February 25th

**Time:** Your choice - 10 AM or 6 PM

**Location:** UCP Training Center (our old office)

**Topics:** Respite parent panel Q&A, g-tubes, program stats, problem solving & more

**RSVP to the Respite Office so you'll have a place to sit!**

Per policies & procedures, you are required to attend at least two quarterly meetings each year. Start 2010 off right & RSVP today!



## **“THE MOVE” UPDATE**

On Friday, January 15th, UCP Family Respite is moving to:

**4350 Auburn Blvd.**

**Sacramento, CA 95841**

All phone numbers for our office will remain the same.

**Effective immediately, all paperwork (including mileage forms) must be submitted to the new address!**

There is an after-hours drop box at the new building.

Give us a couple of days to settle in, but be sure to visit us soon. Thank you for your patience & understanding during this massive transition time.

## **UCP CLOSED**

Reminder that UCP is closed on Monday, January 18th in observance of Martin Luther King Jr. Day.



## UPCOMING RED CROSS CLASSES

Adult CPR	Saturday	1/23	9 AM - 1 PM
Infant/Child CPR	Saturday	1/23	1 PM - 4 PM
Combo CPR	Saturday	2/6	9 AM - 3 PM
First Aid	Sunday	2/7	9 AM - 1 PM
*Adult CPR Challenge	Friday	1/15	10:30 AM - 12 PM
*Adult CPR Challenge	Friday	1/15	1:30 PM - 3 PM



Call Denis at ext. 104 to sign up for these classes.

\*Challenge classes are only for those already certified through UCP, and can pass the written & skills tests without reviewing the info of a full-length class.

You must register in advance for challenges. Space may be limited.

## USE YOUR GLOVES

We provide you with vinyl, non-powdered gloves for your protection. They are available anytime. We have a lot in reserve, so we hope you are using them regularly. We want you to be safe! Use your gloves. If you need them, come get a box. If you have them, be sure to use them!

## PHONES & EMAIL

We sincerely apologize for the trouble you've had with the Respite request line. It will be fixed soon. You can also use our main office number of **779-6270** anytime. This information was presented at the last inservice, but here it is, again, for your reference:

**Shannon**

779-6263

skemp@ucpsacto.org

**Teaira & Karem**

779-6270 or 779-6260

tharris@ucpsacto.org

**Tanya "T2"**

779-6262

tvallad@ucpsacto.org

**Jeannette**

779-6261

jmorris@ucpsacto.org

**Denis**

779-6264

driles@ucpsacto.org

**Diocelina**

779-6265

dweber@ucpsacto.org



*"UCP of Greater Sacramento is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 2,600 people a month in our five county area, empowering children and adults who, without support, would be isolated from community."*