



Team UCP Newsletter

Autism Center for Excellence - Auburn Adult Growth Experience
- CLASP Independent Living Services - Discovering Options
- Project P.L.A.Y. - Respite Family Services - Sacramento Adult
Growth Experience - Saddle Pals - South Area Adult Growth
Experience - San Juan Adult Growth Experience - Shuttle -
Transportation - Twin Rivers Adult Growth Experience 1 - Twin
Rivers Adult Growth Experience 2 - Woodland Community Options

UCP of Greater Sacramento is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 1,700 people a month in our five county area, empowering children and adults who – without support – would be isolated from community.

Communicate ♦ Serve ♦ Grow ♦ Sustain

A Newsletter for and about the people of UCP of Greater Sacramento

September, 2009

MESSAGE FROM THE PRESIDENT & CEO

By Doug Berg-

As I know you are all well aware, the State of California is experiencing severe budget short-falls. Over the past few months we have been waiting to see how the new budget would directly impact UCP. With the latest round of cuts, DDS, the department that oversee services for people with disabilities within the Health and Human Service Agency, has been asked to cut \$334 million from the Regional Center System.

That is where UCP comes in; 70% of our funding comes from the Alta Regional Center. In Phase I of these cuts, UCP was able to reduce its expenses by \$151,481, still keeping our eye on the needs of our clients and team members. As we have been developing our budget for the upcoming new year, October 1, we have been very mindful of these cuts and our need to look for continued savings in running our operation, while keeping our main focus in the fore-front of our minds....serving our clients.

I want to assure all team members of UCP that we are doing our best to keep the changes to team members as least impactful as possible. The wonderful work you all do, day in and day out, is highly recognized and valued. We hope to keep UCP of Greater Sacramento a provider of choice for services to people with disabilities and a place that team members are proud to be a part.

TIME AT SACAGE

By Diane Fournier

I had the rare opportunity to work with the team at SacAGE for just over two weeks this summer. I loved every minute of it. (Well okay, I didn't like doing the receipts or balancing the petty cash "check book" but I loved everything else!

One of the clients helped me do all of my errands. We went everywhere together. He would rush over and ask me what I was doing in the hope that I needed to go to the main office and use his assistance. So I went to the main office A LOT. I also had another client who loved to sit with me in the office while I worked. The SacAGE staff constantly rushed to my rescue but really I loved having the clients with me.

Speaking of the SacAGE staff....WOW...was I impressed. They needed me like they needed a hole in their heads. At the end of each day I would walk the program floor and was

amazed that after so much commotion, and so many clients needs being met, that the team members worked till the end of the day assuring the program was left spotless.

We met each morning for the daily staff meeting and there was so much camaraderie and everyone felt free to give input and voice their ideas and concerns.

The team members and the clients know the routine so well that three outings went off without a hitch everyday.

The clients and staff that stayed in worked on Championship Games T-Shirts, client goals, educational activities, sports, art, and MUSIC! My goodness between Galina and Bee the music was never ending. The staff made sure the clients were involved in each and every activity.

Thanks guys, I can't wait to be invited back!

CONGRATULATIONS

October Anniversaries

- Shannon Kemp, Respite 18 yrs.*
- Annette West, CLASP 12 yrs.*
- Lisa Pirtle, Respite 10 yrs.*
- Charles Pierson, Trans. 10 yrs.*
- Jackie Costa, CLASP 6 yrs.*
- Cindy McKenzie, SJAGE 5 yrs.*
- Xiong Mai, SAAGE 5 yrs.*
- Robert Manoa, Trans. 4 yrs.*
- Raquel Villa, TRI 4 yrs.*
- Charrinne Reynolds, Res. 4 yrs.*
- Dolly Vaughn, Respite 3 yrs.*
- Joan Herndon, Respite 3 yrs.*
- June D'aurora, Respite 3 yrs.*
- Jacqueline Davis, Respite 3 yrs.*
- Nellie Neves, SP 3 yrs.*
- Krystal Ferguson, Respite 3 yrs.*
- Gerald Paular, Shuttle 2 yrs.*
- Tracy Brandee, Shuttle 2 yrs.*
- Aileen Hooker, Respite 2 yrs.*
- Christina Hooker, Res. 2 yrs.*
- Evon Duncan, Respite 2 yrs.*
- Jalisha Fisher, WCO 2 yrs.*
- Francesca Avala, Res. 2 yrs.*
- Aracelly Carlos, Respite 2 yrs.*
- Catalina C-Puebla, Res. 2 yrs.*
- Tarrah Hampton, ACE 2 yrs.*
- Joan Salyer, SP 2 yrs.*



Development & Marketing News

By Steve Horton

October Anniversaries Cont.

What can \$1 do? Not much by itself but when added to many other's one dollar it can do a lot. As UCP team members we can put our dollars together and raise \$9,600 for our clients. How can that happen? If each team member donated \$1 from each pay period through payroll deduction we would raise \$400 every two weeks and after 24 pay periods we would have \$9,600 for our clients. Look for your UCP of Greater Sacramento Payroll Donation Form being distributed in September.

The Best Buy Foundation has contributed \$7,000 to UCP! This is the result of our upgraded grants program and the hard work of Samantha - Development and Marketing Assistant.

Support those who support UCP and next time make your electronics purchase at Best Buy.

Shop for A Cause especially the UCP cause. Macy's is providing a discount to shoppers who purchase a \$5 coupon. The \$5 stays with UCP and on October 17th you can save up to 25% on your purchases. See Steve or Samantha in the Development office to get your ticket.

Be engaged with UCP - go to www.uspsacto.org and follow UCP on Twitter and the UCP Blog.

Rosa Diaz, Respite 1 yr.
Adnrianis Davies, Res. 1 yr.
Melanie Jarvie, Respite 1 yr.
Jennifer Toailoa, Res. 1 yr.
Amanda Villines, WCO 1 yr.
John Hendrickson, Shut. 1 yr.
Wayne Gaskin, Shuttle 1 yr.
Evangelina Ortiz, SJAGE 1 yr.
Shaina Torres, SJAGE 1 yr.
Lisa Willick, Respite 1 yr.
Shenna Haan, Respite 1 yr.
Tess Valenzuela, Res. 1 yr.
Carmela Romero, Res. 1 yr.

Teamwork = Safety

By Verlene Nakatani

Effective teamwork and working safely on the job can reduce workplace accidents. Here are just a few examples of how you can be an exceptional team player:

1. Always have a teammate when lifting and transferring our clients. Use your communication skills, maintain eye contact with your teammate, and count out loud "1, 2, 3, lift!"
2. Help your team mates to remember our "buzz words" for back care: keep it close, keep the curves, build a bridge, and blink.
3. Clean up spills immediately, even if you were not the one who spilled it.
4. Inform our bus drivers and bus aides if your client has had a particularly bad day and is exhibiting abusive behavior or medical issues they may have had that day at program.
5. Inform our program staff and care home if the clients riding on your buses have had a particularly bad day and are exhibiting abusive behavior or medical issues they may have had en route.
6. Use your observation skills to assess unsafe acts and unsafe conditions and correct immediately.
7. Remind each other to take their time and avoid shortcuts.
8. If you see your team mate needs help, please help them.

Teamwork is the key for upholding a safe working environment!

UCP—OPEN POSITIONS

Part-Time Scheduler

Primary job duties include scheduling/coordinating respite workers with clients' requests, entering/monitoring the employee schedules and client appointments via scheduling software and fielding all incoming phone calls to the appropriate team member.

Requirements include strong organization skills, detail orientation, basic computer skills and excellent people/phone skills.

This is a part-time, long-term position, with a required work schedule of Wednesdays and Thursdays only. Working hours are approximately 9 AM to 6 PM. Salary is \$10.50/hour. This is not a benefitted position.

Position starts October 5 2009. EOE.

Submit your resume or application, Shannon Kemp, Respite Program Manager at 916/779-6263.

