



Team UCP Newsletter

Autism Center for Excellence - Auburn Adult Growth Experience
- CLASP Independent Living Services - Discovering Options
- Project P.L.A.Y. - Respite Family Services - Sacramento Adult
Growth Experience - Saddle Pals - South Area Adult Growth
Experience - San Juan Adult Growth Experience - Shuttle -
Transportation - Twin Rivers Adult Growth Experience 1 - Twin
Rivers Adult Growth Experience 2 - Woodland Community Options

UCP of Greater Sacramento is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 1,700 people a month in our five county area, empowering children and adults who – without support – would be isolated from community.

Communicate ♦ Serve ♦ Grow ♦ Sustain

A Newsletter for and about the people of UCP of Greater Sacramento

December, 2009

MESSAGE FROM THE PRESIDENT & CEO

By Doug Bergman

UCP of GREATER SACRAMENTO ADMINISTRATIVE OFFICES ARE MOVING !!

Beginning Friday afternoon, 12/18, the Administrative offices for UCP will be packing up and moving to our new location at 4350 Auburn Blvd. Phone and fax numbers will remain the same and will be fully operational Monday morning, 12/21. Our goal is to move over the weekend and be up and running Monday morning.

This is an exciting time for the growth and financial stability of UCP and we look forward to all of you dropping by and visiting the new office location.

On another note, I would like to wish you all very Happy Holidays. Enjoy this time with your family and friends; be safe and have fun!!

The Heroes of Human Services Award

By Diane Fournier

On December 8, 2009, I had the honor of seeing Kathy Kokkos receive the **Heroes of Human Services Award**.

This was no small feat; each award winner is now included in the by-laws of the County Offices of Supervisors. Kathy was one of two winners for the 5th District in the county of Sacramento.

Kudos go out to Laurel Perry for nominating Kathy, and the people who wrote letters supporting her; including Abbey Guyette, Andrew Jones (former principal Twin Rivers), Antonio Ranit, R.N. and Care Home Owner, and Laurel Perry. Without these letters, this distinction would not have been possible.

What an Award! It had all the necessary “Whereas” and “Whereby’s” to make it truly impressive. Congratulations Kathy on a job well done. Unfortunately, Kathy was out of town and was unable to attend the award ceremony; Abby Guyette was asked to accept the award in Kathy’s absence.



CONGRATULATIONS January Anniversaries

Stephen Horton, Dev..	1 yr.
Terrie Pouncil, SAAGE	7 yrs.
Matthew Andrade, SacAge	1 yr.
Dennis Keefe, San Juan	9 yrs.
M. Moore-Bautista, WCO	6 yrs.
Debra Ascarte, CLASP	9 yrs
Sherrri Brown, Respite	10 yrs.
Diocelina Weber, Respite	4 yrs.
Denis Riles, Respite	7 yrs
Merlene Fehlberg, Respite	7 yrs.
Michelle Basey, Respite	4 yrs.
Theresa Sharma, Respite	3 yrs.
Towanda Starks, Respite	3 yrs.
Paula Geist, Respite	3 yrs.
Erica Ricca, Respite	2 yrs.
Demitria Tatarakis, Respite	2 yrs.



Development & Marketing News

By Steve Horton

The CVS Pharmacy supports UCP. UCP's Autism Center for Excellence at Sacramento State will receive a grant of \$2,500. CVS likes to fund programs that "enable physical movement and play". This is the first time that CVS has funded UCP and we are excited about working with their District Manager to enhance the awareness about UCP.

The gas stations of Sierra Energy and California Retail Management are conducting a UCP Gingerbread man initiative throughout their over 20 service stations in our area. Customers can donate to UCP and put up a Gingerbread man in the store.

Our year end mail campaign is bearing results as well. We have mailed to 2,850 people who have already given over \$1,100 to UCP.

We have had to revise how we sell UCP Logo Wear. We are developing an order form that will be circulated to the staff. We have a minimum number of items that we have to order before these pre-paid orders can be processed. More information forthcoming.

Be engaged with UCP - go to www.uspsacto.org and follow UCP on Twitter and the UCP Blog.

Surviving Winter Driving

By Verlene Nakatani

Motor vehicle accidents are the number one cause of work-related injury/death. Winter weather presents the most dangerous time of year for operating a vehicle on the road. Since you can't change the weather, you must adjust the way you drive or risk becoming a fatal statistic.

Too many drivers think they can drive the same way in bad weather as on nice days, but that kind of thinking leads to accidents. Your most reliable prevention against vehicle accidents is common sense and driving skill.

In order to survive winter driving you must give more thought to the weather and resulting road conditions, then adjust your driving accordingly.

First, realize that your trip will probably take longer in the rain, fog, wind or snow, so leave earlier and take your time. It's better to arrive late than not at all.

Be patient and drive defensively. Slow down. A safe, slow speed will give you more control of your vehicle if the traffic ahead changes or if you come upon an icy road slick or dense fog patch.

Increase the distance between your vehicle and the one ahead to may need to stop suddenly.

Keep your lights on for safety. Your vehicle will be easier to spot by other drivers on dark winter days or in heavy weather conditions. Lo beams should be used when driving in fog or heavy snow.

You'll be safer in a safe vehicle, so keep your vehicle gassed up and in good operating condition. Conduct your daily pre-operation inspections.

By combining sound driving skills with common sense you can survive this winter's driving fiasco.

A Very Special Thank You!!

In mid November, the staff at D.O. (Patsy Williams, to be exact) called to ask if CLASP had any consumers in need of a Thanksgiving meal.

Their consumers and staff put in their own money, purchased the dinner, and Richard, Corky, and Dennis all reaped the rewards.

Thanks very much to all of you at D.O. from all of us at CLASP.

CONGRATULATIONS January Anniversaries cont.

Trista Griffis, Respite	2 yrs.
Young Hee Lee, Respite	2 yrs.
Michelle Fisher, Respite	2 yrs.
Eva Foltz, Respite	1 yr.
RayAnne Williams, Respite	1 yr.
Maritess Richards, Respite	1 yr.
Chris Waltz, Respite	1 yr.
Elizabeth Holt, Respite	1 yr.
Andrea Shull, Respite	1 yr.
Josie Liles, Respite	1 yr.
Salvador Rodriguez, Trans.	3 yrs.
Ricardo Fernandez, Trans.	2 yrs.
Sean Rafferty, Trans.	2 yrs.
Veronica Quindoza, TRII	1 yr.
Peter Sandoval, Trans.	3 yrs.
Scott Cook, Shuttle	2 yrs.
Sariah Hathaway, SP	6 yrs.
Amy Oettle, SP	4 yrs.
John Lynch, ACE	2 yrs.

UCP—OPEN POSITIONS

⇒ Respite Workers- P/T

