

Convenience Care

*Finding Quality Health Care
Just Got Easier*

Helping you and your doctor manage your health

CIGNA believes that your doctor has primary responsibility for your care and treatment. The clinics are there to help you get the care you need for a specific number of routine conditions that are generally easy to diagnose and treat.

With your permission, the results of your diagnosis and treatment are sent to your doctor for any appropriate follow-up.

If you have a more severe condition, or require treatment in a different setting, the Convenience Care provider will refer you to your doctor or an Emergency Room.

Now CIGNA HealthCare members have even more choices in their provider network – and even more opportunities to get the high quality care they deserve when they need it.

To locate a Convenience Care clinic near you:

- > Visit the provider directory on myCIGNA.com
- > Call the toll-free number of the clinic of your choice (next page)



Consider Convenience Care for help with the following conditions*:

Allergies
Athlete's foot
Bladder infections
Bronchitis
Chlamydia
Cold sores
Deer tick bites
Ear infections
Flu
Impetigo
Laryngitis
Minor burns, rashes or skin infections
Minor sunburn
Mononucleosis
Pink eye and styes
Poison ivy
Pregnancy testing
Ringworm
Sinus infections
Strep throat
Swimmer's ear
Swimmer's itch
Wart removal

We also provide vaccinations* for:

DTaP (Diphtheria, Tetanus, Pertussis)
Influenza
Hepatitis A & B
Polio
Meningitis
MMR (Measles, Mumps, Rubella)
Pneumonia
Td (Tetanus, Diphtheria)

**All services may not be provided at each clinic or location.*

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Treatment for common ailments and injuries just got easier! CIGNA HealthCare members have already come to trust the health care services offered through our broad provider networks. Now they can get high-quality, affordable services through Convenience Care Clinics located throughout the country.

The professional care delivered by the health teams at the Convenience Care Clinics is covered by CIGNA HealthCare just like any other service you receive from a health care provider. Imagine:

- > Not waiting for an appointment – when you need care, you walk right in, and appointments usually take about 15 minutes.
- > Finding a Convenience Care Clinic in or near your favorite retail store, with hours that fit into your busy schedule.
- > Receiving high-quality medical care in a facility overseen by doctors and staffed by certified nurse practitioners and physician assistants.
- > Getting all this – and more – and the cost for these services are handled the same as primary care physician office visits, with appropriate copayments, coinsurance and deductibles being applied.

Where?



<http://www.minuteclinic.com>

Look for MinuteClinic health care centers in retail outlets like CVS/pharmacy.

Email: customercare@minuteclinic.com

Phone: 866.389.2727



<http://www.rediclinic.com/>

RediClinic clinics can be found in select H-E-B® and Wal-Mart® stores.

Email: customercare@minuteclinic.com

Phone: 713.935.0333



<http://www.takecarehealth.com>

Phone: 1.866.825.3227